



| WEEK 3                                                                          | MON                                                                                                                                                                                                         | TUES                                                                                                                        | WED                                                          | THURS                                                                                                  | FRI                                                                                            | SAT                                                                                                      | SUN                                                                               |
|---------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------|--------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------|
| Breakfast                                                                       |                                                                                                                                                                                                             |                                                                                                                             |                                                              |                                                                                                        |                                                                                                |                                                                                                          |                                                                                   |
| Continental Breakfast Offerings                                                 | Full Service Fresh Cut Fruit, Berries and Yogurt, Bar, Cereal/Granola Station, Juice & Smoothies, Fresh Baked Muffins, Pastries and Croissants are all available in addition to the Hot Breakfast Offerings |                                                                                                                             |                                                              |                                                                                                        |                                                                                                | Weekend Addition to the Standard Continental Breakfast Offerings has a Create your Smoothie Blender Bar: |                                                                                   |
| Hot Breakfast Offering                                                          | Over Medium Eggs                                                                                                                                                                                            | Peaches and Cream French Toast                                                                                              | Ham and Cheese Breakfast Casserole                           | Scrambled Eggs                                                                                         | Eggs Benedict                                                                                  | Italian Brunch:                                                                                          | Eggs Two                                                                          |
|                                                                                 | Shredded Potato                                                                                                                                                                                             |                                                                                                                             |                                                              | Red Potato Hash                                                                                        | English Muffin, Topped with Spinach, Egg, Hollandaise drizzle, and Bacon                       | Scrambled Egg with Potato and Beef Meatballs                                                             | Ways with Home fries and Bacon                                                    |
|                                                                                 | Mild Italian Sausage Halves                                                                                                                                                                                 | Sliced Bacon                                                                                                                | Pork and Maple Breakfast Sausage                             | Pork Sausage Patty                                                                                     | Crumbles. Served with a Side of Potatoes and Boiled Eggs                                       | <u>Hot Option #2</u><br>Penne a la Vodka with Garlic Bread                                               | <u>Hot Option #2</u><br>Monte Cristo Sandwiches                                   |
| Breads                                                                          | Assorted Breads, Jams & Spreads (Alternating Days of Avocado and Smoked Salmon available from Chefs upon request                                                                                            |                                                                                                                             |                                                              |                                                                                                        |                                                                                                |                                                                                                          |                                                                                   |
| Lunch                                                                           |                                                                                                                                                                                                             |                                                                                                                             |                                                              |                                                                                                        |                                                                                                |                                                                                                          |                                                                                   |
| Student Approved Hot Option                                                     | Creamy Butter Chicken Bowl with Fresh Cilantro and Pickled Onions                                                                                                                                           | Loaded Elote Beef Bowl                                                                                                      | Creamy Cheddar and Garlic Mac and Cheese                     | Oven Baked Crunch Supreme Chicken Tenders                                                              | Khao Soi Style Coconut Curry Halal Beef Meatballs                                              | Weekend Brunch Options Listed Above in SAT/SUN Columns                                                   |                                                                                   |
|                                                                                 | Basmati Rice                                                                                                                                                                                                | Slow-Braised Beef with Black Beans, Onions and Tomatoes                                                                     | Baby Macaroni tossed with Creamy Garlic Cheddar Cheese Sauce | Roasted Baby Potatoes                                                                                  | Lime Scented Whole Grain and Jasmine Rice Blend                                                |                                                                                                          |                                                                                   |
|                                                                                 | Chana Saag with Wilted Spinach & Caramelized Onion                                                                                                                                                          | Warm Elote Corn                                                                                                             | Non-Dairy Tomato Basil Marinara available                    | Sunshine Multi Color Carrot Slices                                                                     | Thai Herb Slaw With Green Cabbage, Carrots, Cilantro, Mint and Lime Vinaigrette                |                                                                                                          |                                                                                   |
|                                                                                 | Mini Naan                                                                                                                                                                                                   | Chipotle Crema                                                                                                              | Served with Garlic Breadstick                                |                                                                                                        |                                                                                                |                                                                                                          |                                                                                   |
|                                                                                 |                                                                                                                                                                                                             | Crispy Tri color Tortilla Strips                                                                                            |                                                              |                                                                                                        |                                                                                                |                                                                                                          |                                                                                   |
| Meatless Lunch Entrée                                                           | White Bean Fried Polenta with Fresh Greens and Kale Crumble with a Sicilian Tomato Sauce                                                                                                                    | Vegan Taco Bowl with Spiced Tofu Long Grain Rice, Beansm Beet and Corn Topped with Pico De Gallo and Crispy Tortilla Strips | Mixed Bean and Vegetable Cassoulet with Grilled Baguette     | Vegan Kyoto Dogs with Tofu Scramble Pickled Onion, Togaroshi Aioli and Nori Strips                     | Yellow Cocounut Thai Curry Potato, Tofu and Squash over Jasmine Rice topped with Crispy Noodle |                                                                                                          |                                                                                   |
| Dinner                                                                          |                                                                                                                                                                                                             |                                                                                                                             |                                                              |                                                                                                        |                                                                                                |                                                                                                          |                                                                                   |
| Hot Dinner Entrée ( Daily Dinner Salad Bar and Dessert to accompany Hot Entrée) | Beef Kokkinisto (Greek Style Beef Simmered in Tomatoes and Spice                                                                                                                                            | Pato Asado al Horno de Leña. (Spanish Style Duck Legs)                                                                      | Pollo a la Brasa (Peruvian Roast Chicken)                    | Grilled Skirt Steak with Sốt Mỡ Hành. Marinate the Steak in a mix of Lemongrass, Garlic and Fish Sauce | Brown Sugar & Apple Cider Pulled Pork Sandwiches                                               | Chicken Shish Taouk Skewers                                                                              | Chili Garlic Garlic Shrimp Stir Fry                                               |
|                                                                                 | Hilopites (Orzo) tossed with Braising Sauce Topped with Mizithra Cheese                                                                                                                                     |                                                                                                                             | Yuca Frita (Fried Yuca) with with Aji Verde Mayo             |                                                                                                        | Hawaiian Sweet Pull Apart Rolls                                                                | Spiced Roasted Sweet Potatoes.                                                                           | Chow Mein Noodles                                                                 |
|                                                                                 | Briam-Style Roasted Eggplant and Long Sliced Peppers                                                                                                                                                        | Patatas a lo Pobre (Thinly Sliced Potatoes, Sweet Onions, and Green Bell Peppers                                            | Saltado de Vainitas (Blistered Garlic Green Beans)           | Crispy Jasmine Rice Cakes (Cơm Cháy)                                                                   | Waffles Fries with Ranch Dipping Sauce                                                         | Sumac and Honey Roasted Carrot                                                                           | Garlic and Cumin Tossed Baby Bok Choy                                             |
|                                                                                 |                                                                                                                                                                                                             | Charred Asparagus with Lemon                                                                                                | Coliflor Saltada (Seared Cauliflower & Onion)                | Blistered Eggplant and Long Beans                                                                      | Creamy Coleslaw                                                                                | Flatbread with Toun and Pickled Turnips                                                                  | Szechuan Style Mixed Vegetables. (Medley of Bell Peppers, Onions and Cauliflower) |
| Meatless Entrée                                                                 | Mixed Bean and Tomato Ragu                                                                                                                                                                                  | Grilled Avocado with Bean and Spinach                                                                                       | Vegetable, Bean, and Heart of Palm Chermoula                 | Eggplant and Grated Tofu Parmesan                                                                      | Pulled BBQ Jackfruit Burgers                                                                   | Tofu and Vegetable Skewers                                                                               | Impossible Soy & Ginger Stir-fry                                                  |
|                                                                                 |                                                                                                                                                                                                             |                                                                                                                             |                                                              |                                                                                                        |                                                                                                |                                                                                                          |                                                                                   |